

Flu Champion Volunteer Profile

Make a difference by becoming a Flu Champion

**Volunteer title:** Flu Champion

**Location:** Home working, with a possibility of travel within a 0-20 mile radius

**Time period:** Three month volunteer role

**Actively recruiting:** People from ethnically diverse communities, and people who live in Bognor Regis, Crawley, Eastbourne, Hastings, Hangleton, Littlehampton, Moulsecoomb, Newhaven, Peacehaven & Whitehawk

**Age:** 16 years +

**Co-ordinator:** Isabel Costello, Public Involvement Manager

**Why become a Flu Champion?**

Make a difference in your local community

Promote the health of the Sussex population

Enhance your CV through new skills, confidence and a reference

Helping us hear the views of the community on flu

Gain an understanding of the NHS

**Purpose:**

Flu Champions play a key role in helping the NHS in Sussex raise awareness of the flu vaccine.

The purpose of the role is to:

1. Get flu messages to key groups and communities
2. Dispel myths on the flu vaccine
3. Help develop local targeted communications
4. Provide information on how to get a flu jab
5. Pick up on any concerns or problems, feeding them back to the NHS for resolution

How will I be trained & supported?

All Flu Champions will undertake one 2.5 hours training session, and will be supported through optional fortnightly catch-ups.

Reward and Recognition:

Expenses which are incurred when carrying out the Flu Champions role will be reimbursed in line with the Reward, Reimbursement and Recognition Procedure. A £20 Amazon Voucher can be claimed for three months volunteering (payable when you let us know what you have been doing).

How do I find out more?

Contact the Public Involvement Team using the details below to find out more or if you need the Volunteer Profile in an alternative format:

**Email:** [isabel.costello1@nhs.net](mailto:isabel.costello1@nhs.net) **Phone**: 07920 244 988

**Website:** [www.sussexhealthandcare.uk/get-involved/flu-champions/](http://www.sussexhealthandcare.uk/get-involved/flu-champions/)

**Postal Address:**   NHS West Sussex Clinical Commissioning Group, Wicker House, High Street,

Worthing BN11 1DJ